

ADAM M. ROTUNDA, M.D.
A PROFESSIONAL CORPORATION
MOHS MICROGRAPHIC & DERMATOLOGIC SURGERY

Dear Patient,

Welcome to our practice!

Although it may be a frightening and new experience if you have been diagnosed with skin cancer, I want to reassure you that you are in caring, expert hands. The sole goal and focus of my practice is to cure you of the skin cancer and make your stay with us, and recovery afterwards, as pleasant as can be.

I have cured thousands of skin cancer patients and taken additional fellowship training, besides my dermatology residency training, *specifically* for Mohs micrographic and reconstructive surgery with one of the most respected Mohs and reconstructive surgeons in the country.

Enclosed you will find some information about my practice, Mohs micrographic surgery, and the pre-surgery instructions. Also, please visit our website, www.newportskincancer.com, where you can learn more about us and watch a brief but very informative video about Mohs micrographic surgery.

Please call us anytime with questions or to discuss your concerns.

Sincerely,

Adam M. Rotunda, M.D.

Diplomate, American Board of Dermatology

Fellowship Trained Mohs Micrographic Surgeon, American College of Mohs Micrographic Surgery

Assistant Clinical Professor, Dermatology

David Geffen School of Medicine

University of California, Los Angeles

Pre-Surgery Instruction Sheet

1. Continue your regular medications as usual **but do not** take any Aspirin or Herbs 10 days prior to your procedure, **unless** another doctor told you to always take your Aspirin.
2. **Do not** smoke 1 week before surgery.
3. If you drink alcohol, **continue** to drink as you normally would.
4. If you take coumadin (Warfarin) or other blood thinners, **continue** taking them.
5. Notify us if you have an artificial joint or heart valve, if you have ever had rheumatic fever or a heart murmur, or if a doctor ever recommended you take antibiotics before surgery or teeth cleaning.
6. Get a good night rest.
7. Eat breakfast as usual on the day of the procedure.
8. If you are having Mohs micrographic surgery, **expect to stay the whole day with us**. Therefore, bring snacks, your computer (we have Internet access) and reading/work material to stay occupied.
9. If you are having Mohs micrographic surgery, we will provide lunch for you but feel free to bring your own (microwave not available) if you prefer.
10. Please arrive 15 minutes early.

Please call our office if you have any additional questions and concerns.

Thank you so much!

What to Expect During Your Day of Mohs Surgery With Us

Below is an overview to assist you with preparing for the Mohs micrographic surgery. In addition, please visit us at www.newportskincancer.com to watch a brief but very informative video about Mohs Micrographic surgery.

1. Dr. Rotunda will review your medical history, allergies, perform an exam, and explain what to expect during the day. Dr. Rotunda will confirm the location of the skin cancer with you and review the results of the skin biopsy.
2. A photograph and measurement of the skin cancer will be taken.
3. The area will be numbed with a local anesthetic (exactly like the time of the biopsy).
4. Dr. Rotunda will obtain a skin sample (a Mohs layer) from the area with the cancer with the goal of removing it.
5. Our staff will secure a bandage and because of our unique facilities (please see website for more detail), you and a family member (if accompanying you) will stay in your own private suite.
6. The Mohs layer will be immediately processed and then examined under the microscope by Dr. Rotunda, who is specially trained in skin cancer removal and microscopic examination.
7. In about 1 hour, you will be informed whether Dr. Rotunda needs to take another layer or whether the cancer has already been removed completely.
8. Dr. Rotunda may need to take additional layers until all the skin cancer is removed. **Because there is no way of predicting how many layers will be necessary, expect to stay the whole day with us.**
9. Once the cancer is completely removed, Dr. Rotunda will discuss with you the healing options, which may include allowing the area to heal on its own or closing it up with stitches.